

Beatrice Wrestling Club

Dear Parents,

Welcome to Beatrice Wrestling Club. We are excited for another year of wrestling. Our coaches will teach the fundamentals of Folkstyle Wrestling. Emphasis will be placed on technique, strength, agility, sportsmanship, and self-discipline. They will also be given the opportunity to compete and win trophies, medals, and ribbons at area tournaments.

Due to the amount of wrestlers, parents are encouraged to help out in the practice room. For those parents that don't have any wrestling experience, this is a great way to learn about the sport along with your son or daughter.

As a reminder Gym clothes may be worn along with tennis shoes or wrestling shoes, **headgear is mandatory** at all practices and tournaments. Singlets are to be worn at tournaments only. At the conclusion of practice, wrestlers are required to weigh in as this is how we keep track of attendance. Wrestlers need to attend ½ of the practices to qualify for the Years of Service Award at the end of the year.

We will be giving away Guts Awards again this year too. This award is given to wrestlers who are attentive, practice hard, and show great effort in the practice room. The head coaches of each group choose wrestlers every week to receive this award. We will be listing the recipients on the club's wrestling web site. www.beatricewrestlingclub.net.

Throughout the season, tournaments will be available for your child to participate in. These tournaments are held in surrounding communities. Parents are responsible for getting their kids to and from the tournament. Most tournaments group kids by weight and age in a 4-man bracket. If you have never attended a tournament before, please feel free to visit with a coach to help you decide if your child is ready for this challenge.

Our club tries to sponsor two tournaments a weekend and we will try to have coaches there to coach your child. For a list of tournaments that the club will sponsor please go to the club's website @ <http://beatricewrestlingclub.net/calendar/calendar.html> or ask a club member. We will also have tournament flyers available during practices and will be offering to sign-up your wrestler or wrestlers during **Monday** practices. We ask that you have a check made out to the tournament you are planning on attending. We will compile all the entries and send them off. If you do not sign up your wrestler on **Monday** night it will be your responsibility to register for the tournament.

It is the parents and wrestlers responsibility to report their wins and losses. These stats are important because our Champions Club Award is based on tournament participation. To qualify for this award, first and second year wrestlers need to have 15 tournament matches, third year and up wrestlers need to have 20 tournament matches or 15 wins. This award, along with our Service Awards, are given away at our end of the year banquet. There will be a couple of ways to report the results this year. You can go to <http://beatricewrestlingclub.net/stats/SubStat.html> and fill out the form or we will have forms that can be filled out during practice nights. Please remember to return these forms to a board member. You will also be able to submit a picture when submitting stats online. On that note if you would like to have other pictures of your wrestler posted on the club's website please see a board member.

As a reminder you will be required to turn in your singlet during the year end banquet or your check will be cashed that is being held for the deposit.

The Beatrice Wrestling Club will host our own tournament at the High School on **Sunday, January 31st**. This tournament is our club's main fundraiser. We put a lot of time and effort into this tournament which has become one of the best in the state. This year we are assigning one person from each family a time slot to work during the tournament. We will make sure you are not working while your child is wrestling. If your time does not work, it is your responsibility to find someone to take your place. More details will be given at a later date.

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For first and second year wrestlers we will be having an inter squad Novice tournament again this year. This will give kids that have never experienced a tournament before the chance to find out what a competitive match feels like in a friendly environment. We will not keep score and both wrestlers' hands will be raised at the end of the match. Family and friends are encouraged to come and watch. The tournament will be tentatively held on Tuesday, January 19th and more details will be given at a later date.

Picture night will be held Monday, November 30th during practice. Please make sure wrestlers wear their singlet to practice that night. **All** wrestlers will have their individual picture taken whether they purchase pictures or not. The group picture will be taken around 6:30pm.

We are excited about this year's fundraiser. We will be selling soft shell tacos and enchiladas from Neives' Mexican Restaurant. The club board has sampled the tacos and enchiladas and they are yummy! The goal is to raise \$3,000 to \$5,000 for the new singlets. As an added incentive if you wrestler sells 10 dozen your membership fee will be refunded.

If you have multiple wrestlers in the club the requirement will be as follows to have your membership fee refunded:

2 wrestlers you will need to sell 18 dozen

3 wrestlers you will need to sell 23 dozen

4 wrestlers you will need to sell 28.dozen

The top seller will receive an Ipod Nano and if your wrestler sells 15 dozen they will be entered into a second place drawing for another Ipod Nano. Please return the fundraiser forms by December 3rd or sooner.

If Beatrice Public Schools are closed or close early due to bad weather, wrestling practice will be cancelled. Listen to the radio station KWBE (AM1450) for announcements or check our website.

Thank You,
Shawn Wiens, and BWC board members

2009 BWC Board Members:

Shawn and Jill Wiens: (402)228-4395

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